



## Eczema School Care Kit

You can make eczema less of an issue — and make school easier — by putting together a kit with everything your child may need during the school day.

The following list is just a suggestion; feel free to add or remove items to suit your child's particular needs.

- ◆ Gloves (for handling materials that may irritate skin)
- ◆ Moisturising cream or lotion
- ◆ Soap-free cleanser
- ◆ Spare bandages
- ◆ Protective clothing
- ◆ Written instructions on medications your child may be taking at school, triggers to avoid, limitations or special precautions on activities such as sports.

